

Project name: Explore Garden Therapy Through Community Life

Project code: IT-SCI 11.7

Country: Italy

Dates: 1st – 10th September 2022

Topic: Climate and sustainable lifestyle

Type of work: Agriculture/manual/working with people with disabilities

Study Theme: Work in a community garden as an innovative activity that can foster the development of an open society, with benefits for the community and external guests, in a respectful relationship with the Earth. Urotherapy.

Total Number of volunteers: 9

Volunteer Age Range: 16-99

Language: English

Wheelchair accessible: No



Description: The 'AgriTermine' farm has been developing an innovative garden therapy project for the last two years, in partnership with others who have been practicing this kind of therapy for more than 20 years. Unlike other experiences that have brought the vegetable garden and agricultural work into 'closed' communities to create new and rich relationships for disadvantaged people, this project aims to build an 'open' community around a community garden. This must begin with an awareness that the need for quality relationships is a universal concern among people, which is connected to our relationship with the Earth. The main aim of the camp will be to get volunteers involved, encouraging them to contribute to this project by being part of it via manual work and intercultural exchange.

Work: The work will be of a manual and agricultural nature, assisting our partner association with the horticultural therapy project and fostering intercultural exchange, both among volunteers and between volunteers and the host community. In addition, volunteers will help build a tree house that will serve as a space for future events organised by AgriTermine . Volunteers will work for no more than 6 hours a day.

Accommodation: Accommodation will be either in tents or indoors, with the possibility of arriving the evening before the camp and leaving the day after it ends. If you want to sleep in a tent, you are asked to bring a sleeping bag and mat. Toilets are in the building where you sleep. Meals will be prepared by the volunteers, in turn, from food that is collected from the garden (spinach, salad, tomatoes, etc.).

Location: Frazione Sant'Anna - Montiglio Monferrato (AT) - about 58 Km from Turin