

**Project name:** Barlicka Seniors

**Project code:** SK-INE 8.1

**Country:** Slovakia

**Dates:** 7<sup>th</sup> -13<sup>th</sup> July 2022

**Topic:** Elderly People

**Type of work:** Working with people with disabilities / working with the elderly / Social

**Total Number of volunteers:** 10

**Volunteer Age Range:** 18+

**Language:** English

**Wheelchair accessible:** No



**Description:** Association Barlicka (Little crutch) has been working with young people with physical disabilities since 1999 by establishing a centre to help them live independently. The association offers activities in a social centre on a daily basis, practical school and courses (theatre, dance, music, PC, etc.). They also constructed a centre for mothers and services for elderly people. Volunteer projects have been organized in the Barlicka centre since 2013.

**Work:** Volunteers will organize free time activities for elderly service-users of the NGO Barlicka. Activities will be organized during daily summer camps for service-users – day trips, competitions, creative activities, sport activities, games, walks. Most of the seniors are wheelchair users. On the first work day, volunteers will be trained in how to operate & manage the wheelchair and they will learn about the elderly Barlicka service-users. There are no special skills required, but motivation and empathy are necessary. The social centre staff will guide and support volunteers during their work. Working hours are Monday to Friday from 9:00 – 12:00 and 13:00 – 15:30.

**Accommodation:** Lodging will be provided within the Barlicka centre. Volunteers will sleep on beds in two gender-segregated rooms. However, you will need to bring a sleeping bag. Kitchen facilities and bathrooms are provided. Volunteers will be put into 'kitchen' teams and each team will take turns to be in charge of preparing the food for breakfast and dinner (groceries will be provided). Lunch will be provided by a local partner. Vegetarian meals can be provided but must be requested in advance. Wifi available.

**Requirements:** Bring a sleeping bag, swimming togs, some informational material about your country (including pictures) and enthusiasm! Optional: materials which could be used in workshops with elderly people, musical instrument, ideas for games with the elderly.

**Location:** Presov, Eastern Slovakia

**Notes:** MOTIVATION LETTER IS NEEDED: why do you want to participate and how will you contribute to this project (half a page)? For more info about BARLICKA: <http://www.barlicka.sk/>

